

Combining Simple Korean Terms to Name Basic Techniques



Olyeo
올려 High Section

Mom-tong
몸통 Middle Section
/ Torso

Arae
아래 Low Section

Techniques

Seogi

서기 Stance

Chagi

차기 Kick

Makgi

막기 Block

Jireugi

지르기 Punch
(closed hand strikes)

Chigi

치기 Strike
(open hand strikes)

Jjireugi

찌르기 Thrust

Directions & Modifiers

Dwi

뒤 Back Direction

Yeop

옆 Side Direction

Dollyeo

돌려 Turning

Bandal

반달 Crescent

Nae-ryeo

내려 Downward

An

안 Inner

Ap

앞 Front Direction

Twimyeo

뛰며 Jumping

Bitureo

비틀어 Twisting

Kodureo

거들어 Assisted

Olyeo

올려 Upward

Bakkat

바깥 Outer



모아 서기
Moa Seogi

Literally,
Gathered Stance
aka **Closed Stance**



나란히 서기
Narani Seogi

Literally,
Side-by-side Stance
aka **Parallel Stance**



뒷 굽이
Dwit Gubi

Literally,
Rear Flexible
aka **Back Stance**



주춤 서기
Juchum Seogi

Horse Riding Stance



앞 서기
Ap Seogi

Literally,
Front Stance
aka **Walking Stance**



앞 굽이 Ap Gubi

Literally, Front Flexible aka **Long Stance**



꼬아 서기
Kkoa Seogi

Literally,
Twist Stance
aka **Cross Stance**



범 서기
Beom Seogi

Tiger Stance



안 팔목
An Palmok

Inner Wrist



옆서기
Yeop Seogi

Side Stance



학다리 서기
Hakdari Seogi

Crane Stance



바깥 팔목
Bakkat Palmok

Outer Wrist



옆 지르기
Yeop Jireugi

Side Punch



내려 지르기
Nae-ryeo Jireugi

Downward Punch



뒤 지르기
Dwi Jireugi

Rear Punch