

Combining Simple Korean Terms to Name Basic Techniques



Olyeo
올려 High Section

Mom-tong
몸통 Middle Section
/ Torso

Arae
아래 Low Section

Techniques

Seogi

서기 Stance

Chagi

차기 Kick

Makgi

막기 Block

Jireugi

지르기 Punch
(closed hand strikes)

Chigi

치기 Strike
(open hand strikes)

Jjireugi

찌르기 Thrust

Directions & Modifiers

Dwi

뒤 Back Direction

Yeop

옆 Side Direction

Dollyeo

돌려 Turning

Bandal

반달 Crescent

Nae-ryeo

내려 Downward

An

안 Inner

Ap

앞 Front Direction

Ttwimyeo

뛰며 Jumping

Bitureo

비틀어 Twisting

Kodureo

거들어 Assisted

Olyeo

올려 Upward

Bakkat

바깥 Outer



내려 막기
Nae-ryeo Makgi
Downward Block

also called

아래 막기

Arae Makgi
Low-Section Block
aka **Low Block**



바깥 막기
Bakkat Makgi
Outer Block
aka **Outside Block**

or

Bakkat Pal-Mok
Bakkat Makgi
Outer-Wrist
Outside Block



내려 차기
Nae-ryeo Chagi

Downward Kick
aka **Axe Kick**



앞 돌려
차기

Ap Dollyeo
Chagi

Front Turning
Kick
aka **Roundhouse**



올려 막기
Olyeo Makgi
Upward Block
or High-section Block
aka **High Block**



Momtong
Kodureo
Bakkat
Makgi

Middle Section
Assisted
Outward
Block



앞 차기
Ap Chagi

Front Kick



뒤 차기
Dwi Chagi

Back Kick



몸통 막기
Mom-tong Makgi
Middle-section Block
aka **Middle Block**

also called

안 막기
An Makgi
Inner Block



Sonnal
Momtong
Kodureo
Bakkat
Makgi

Knifehand
Middle Section
Assisted
Outward
Block



옆 차기
Yeop Chagi

Side Kick

Additional Techniques:

Baleun Bal = Fast Foot aka Skip Roundhouse

Dolgae Chagi = Whirling Kick aka Tornado Kick

Bandal Chagi = Crescent Kick

An Chagi = Inward (Crescent) Kick

Bakkat Chagi = Outward (Crescent) Kick

Hwe Chuk = Arcing Heel aka Back Hook Kick